



American Association of Directors of Psychiatric Residency Training

Biosketch

Tanya Keeble, MD

AADPRT Position: Chair, Workforce Committee



Tanya was born in Zambia, and primarily raised in England where she attended University College London Medical School. She started psychiatry post graduate training at the Royal Free/Tavistock Clinic Psychiatry Training Program in north London. She lived and worked in New Zealand, for a year working in first episode psychosis and community mental health. She now finds herself on the West Coast of America where she completed Psychiatry Residency training at University of Washington, Spokane Track. She developed a Providence Health 4-year community academic categorical residency program in Spokane which opened in 2015 and then worked to get funding and support for a child and adolescent fellowship program which started in 2021. In the next 5 years she hopes to add an addiction medicine fellowship. Her passion is workforce development, addressing the needs of underserved communities, with a particular focus on rural access to mental health care. She has been involved in collaborative care since 2010 and is faculty on the University of Washington Integrated Behavioral Health Community Based Fellowship Program, training psychiatrists and advanced nurse practitioners in integrated care. Tanya has been a member of the workforce task force since 2018 and has presented multiple regional and national workshops on this topic. Her clinical passions are in collaborative care, leveraging psychiatric expertise across a population of patients to enhance access to mental health care in the primary care setting, and in intensive short term psychodynamic psychotherapy. She teaches residents common factor psychotherapy and supervises psychodynamic therapy. She is passionate about maintaining residency commitment to psychotherapy training and considers this to be a critical psychiatric skillset that differentiates us from other clinicians. She is continually honing her psychotherapy skills and regularly participates in ongoing individual and group psychotherapy supervision. She started and chairs Spokane GME diversity equity and inclusion subcommittee and is committed to creating a culture where all have a voice that is both heard and meaningfully responded to; where we can work and learn in safety, and where we continue to address disparities in the workforce that exist both locally, regionally and on a national level.