



American Association of Directors of Psychiatric Residency Training

Lifetime Service Award

The purpose of the award is to acknowledge a psychiatrist member who has either provided significant service to AADPRT, had an impact on psychiatric residency education nationally, demonstrated excellence in psychiatric residency education, or provided generativity and mentoring in residency, or some combination of these. The awardee will be honored at the Annual Meeting.

2024

Sheldon Benjamin, MD, DLFAPA, FAAN, FANPA

Sheldon Benjamin, MD is Professor of Psychiatry and Neurology at the University of Massachusetts Chan School of Medicine (UMass Chan), where he has served as Director of Neuropsychiatry since 1986. He served as Interim Chair of Psychiatry from 2017-2020, Director of the UMass Chan Neuropsychiatry Fellowship since 1989, founding director of the Combined Neurology/Psychiatry Residency Program from 1997-2020 (now associate director), and co-director of the UMass Chan fellowship in Adult Neurodevelopmental Disabilities. In 2020 he stepped down after 25 years as Psychiatry Program Director and is now Vice Chair for Education and Associate Program Director.



A graduate of the University of Cincinnati College of Medicine, he completed psychiatry residency training at Tufts New England Medical Center, neurology residency training at Tufts and Boston University, and fellowship in Behavioral Neurology at the Boston University/Boston Veterans Administration Hospital. He is board certified in both Psychiatry and Neurology (ABPN) and in Behavioral Neurology and Neuropsychiatry by the United Council on Neurological Subspecialties.

Dr. Benjamin is currently one of the Directors of the American Board of Psychiatry and Neurology. He has served as President of the American Association of Directors of Psychiatry Residency Training (AADPRT) and President of the American Neuropsychiatric Association (ANPA). He is a Distinguished Life Fellow of the APA, a Fellow of the American Academy of Neurology and a Fellow of ANPA.

Dr. Benjamin has been selected as the recipient of the Outstanding Educator Award by the Massachusetts Psychiatric Society, The UMass Chan Lamar Soutter Lifetime Achievement Award in Education, the UMass Chan Chancellors Medal for Distinguished Teaching, and the American Neuropsychiatric Association's Gary J Tucker, MD Lifetime Achievement Award in Neuropsychiatry.

A specialist in the evaluation of behavioral problems at the interface of psychiatry and neurology, he teaches clinical neuroscience and neuropsychiatry; and has published and presented widely on neuropsychiatry, clinical neuroscience training of psychiatrists;

neurocognitive and neuropsychiatric examination techniques; educational technology; residency training issues; and the history of neuropsychiatry.

Nominated by:

Isheeta Zalpuri, MD

Stanford University School of Medicine

2022

Michael D. Jibson, MD, PhD

Professor of Psychiatry and Associate Chair for Education and Academic Affairs
University of Michigan



I graduated from University of California Santa Cruz in chemistry and psychology. Despite an early interest in psychiatry, I instead followed my undergraduate faculty's advice and pursued a PhD in biochemistry at the University of California San Francisco, followed by postdoctoral work in chemical immunology at the Weizmann Institute. While there, a perceptive mentor suggested that I spend less time thinking about my next postdoc and more time thinking about what I wanted to do for the rest of my life. I promptly applied to medical school, attended University of California Davis, and did my residency and fellowship at Stanford.

Not having fully resolved my career ambivalence, I agonized throughout my postgraduate years over whether I should follow the career track of my clinical advisors or that of my research advisors. Only when faced with the prospect of leaving California in search of affordable housing (my infant daughter's bassinette was in the bathroom) did I finally ask myself what the perfect job would actually look like. The answer was unambiguous, I wanted to be a teacher.

I moved to University of Michigan in 1993, immediately became involved in medical student teaching, and in 1996 became residency education director, a position I held for the next 24 years. Although I recently handed that off, I continue as associate chair for education and co-director of the medical school's behavioral science curriculum.

AADPRT has been a perk of the job, with wonderful colleagues who have become lifelong friends and repeated opportunities to pursue projects and interests with potential to improve the lives of our trainees and the field at large. I am grateful beyond measure to the organization and its members for the chance to join them in this work.

Nominated by:

Heather Schultz, MD, MPH

University of Michigan

2021

Deborah Cowley, MD

Professor Emerita
University of Washington Medical Center



Dr. Deborah Cowley completed her M.D. at the University of Pennsylvania and her Psychiatry residency at the University of Washington. Currently, she is professor emerita in the Department of

Psychiatry and Behavioral Sciences at the University of Washington. She was the department's Psychiatry Residency Director 1997-2015 and Vice Chair for Education 2005-2020. Her clinical work, teaching, and scholarship focus on perinatal psychiatry, anxiety disorders, psychiatric education, and faculty development. She has served as President of the American Association of Directors of Psychiatric Residency Training (AADPRT); has chaired AADPRT committees on research in residency, Child portal programs, duty hours, Milestones assessment, and faculty development; and has served on the ACGME Psychiatry Milestones Workgroup and American Psychiatric Association Practice Guidelines Steering Committee.

Nominated by:

Mark Servis, MD

University of California, Davis

2020

Adrienne Bentman, MD

Dr. Bentman is the Psychiatry Residency Program Director at the Institute of Living/Hartford Hospital (IOL/HH), Hartford, CT; re-establishing it as an independent, Hartford Hospital-affiliated program in 2003. She received her B.A. from Wesleyan University and her M.D. from the University of Pennsylvania School of Medicine. She was elected to Alpha Omega Alpha. She is board-certified in both internal medicine and psychiatry, completing her medical residency at the Brigham and Women's Hospital and her psychiatry



residency at McLean Hospital. She completed sub-specialty training in both consultation-liaison psychiatry and in adolescent and family psychiatry. She carried this training into the clinical world, as psychiatrist-in-charge of the Adolescent and Family Treatment Unit at McLean Hospital and later as attending and director of education on the inpatient unit, outpatient clinic, and CL services at the IOL/HH. She has won numerous local teaching awards for these efforts and was awarded the AACAP Robert Cancro Academic Leadership Award in 2010. Dr. Bentman serves on the University of Connecticut School of Medicine Residency Review Committee for Graduate Medical Education and chaired the Committee for 10 years.

Dr. Bentman found her educator's home in the American Association of Directors of Psychiatry Residency Training (AADPRT). Her work as co-chair of the Assistant/Associate Program Director Task Force led to assistant/associate program director participation on the executive council and to founding of the Assistant/Associate Program Director Caucus. She was a member and then co-chair of both the Membership Committee and the RRC Task Force. Dr. Bentman served as AADPRT's Program Chair in 2012 and as President in 2014.

Dr. Bentman's longstanding interest in resident developmental competency was more formally expressed as a member of the ACGME Milestone 1.0 Working Group and as the Psychiatry Review Committee's representative to the Milestone 2.0 Working Group. She serves now as a member of the ACGME Psychiatry Review Committee. In addition to residency quality and resident competence, her interests include ways to create and maintain an educational holding environment and the teaching and incorporation of psychodynamic principles in case formulation and patient assessment and interaction in the varied settings in which we practice.

Nominated by:

Sallie De Golia, MD, MPH

Stanford University

2019

James W. Lomax, II, MD

Dr. Lomax is the Karl Menninger Chair for Psychiatric Education and former Brown Foundation Chair for Psychoanalysis and Associate Chairman and Director of Educational Programs in the Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine. He received his B.A. from Rice University in 1967 (Magna Cum Laude) and his M.D. (with honors) from Baylor College of Medicine in 1971. He was elected to Phi Beta Kappa and Alpha Omega Alpha. His internship in internal medicine at the University of Oregon/Portland VAH was followed by a residency in general psychiatry at Baylor College of Medicine. He served as chief resident and received the Eugen Kahn Award as the overall most outstanding



resident. Dr. Lomax completed psychoanalytic training in 1986 at the Houston-Galveston Psychoanalytic Institute. He was appointed Professor of Psychiatry at Baylor in 1989 and Training and Supervising Psychoanalyst at the Houston-Galveston Psychoanalytic Institute in 1998. He is an adjunct faculty member and Board of Trustee member of the Institute for Spirituality and Health of the Texas Medical Center. He has chaired the planning committee for the annual Psychotherapy and Faith Conference for the Institute for 27 years and made many presentations at the conference.

Dr. Lomax is a former president of the American Association of Directors of Psychiatry Residency Training (AADPRT), Fellow of the American College of Psychiatrists (ACP), and Distinguished Fellow of the American Psychiatric Association (APA). He is a former president of the Houston Psychiatric Society and served on the Executive Board of the Rice University Alumni Association. Dr. Lomax served on the Residency Review Committee for Psychiatry and the Part I (Testwriting) Committee of the American Board of Psychiatry and Neurology.

Dr. Lomax served as Vice Chair or Chairman of Baylor's Graduate Medical Education Committee for 12 years with oversight responsibility for more than 1,200 residents in 78 ACGME accredited residency programs. He has served as Vice Chair of Baylor's Faculty Appointments and Promotions Committee. He was chair of Baylor's Academy of Distinguished Educators and has received three Fulbright and Jaworski Faculty

Excellence in Education Awards. He was chosen as the Distinguished Faculty Awardee by the Baylor College of Medicine Alumni Association in 2009.

Dr. Lomax has been recognized in The Best Doctors in America since its inception in 1992 and a Texas Monthly Top Doc since 2003. He received the Barbara and Corbin Robertson Presidential Award for Educational Excellence in 2003 and the Margaret and Ben Love, Bobby R. Alford Professionalism Award in 2007. He received the Oskar Pfister Award for excellence in Psychiatry and Spirituality in 2016.

Dr. Lomax's clinical interests are in psychoanalytic treatment of anxiety, mood, and personality disorders. His scholarly interests include the interface between religion, spirituality, and healing from a psychiatric and psychoanalytic perspective; sources of meaning in medicine; and ways to teach, measure, and remediate issues of professionalism in medical education. He received the Oskar Pfister Award for excellence in Psychiatry and Spirituality in 2016 and was a Visiting Professor at Universidade Federal de Juiz de Fora in 2014. He made presentations at the First and Third International Symposium on Spirituality in Clinical Practice in Porto Alegre and Canela Brazil in 2014 and 2018 respectively.

Nominated by:

Kim-Lan Czelusta, MD

Baylor College of Medicine

Laura Roberts, MD, MA

Dr. Laura Roberts serves as Chairman and the Katharine Dexter McCormick and Stanley McCormick Memorial Professor in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine. She is an internationally recognized scholar in bioethics, psychiatry, medicine, and medical education and is identified as the foremost psychiatric ethicist in this field. Over two decades, Dr. Roberts has received scientific, peer-reviewed funding from the National Institutes of Health, the Department of Energy, and private foundations to perform empirical studies of modern ethical issues in research, clinical care, and health policy, with a particular focus on vulnerable and special populations. Her work has led to advances in understanding of ethical aspects of physical and mental illness research, societal implications for genetic innovation, the role of stigma in health disparities, the impact of medical student and physician health issues, and optimal approaches to fostering professionalism in medicine. She has written hundreds of peer-reviewed articles and other scholarly works, and she has written or edited many books on professionalism and ethics in medicine, professional development for physicians, and clinical psychiatry. Dr. Roberts serves in several leadership roles at Stanford University and in the Stanford Medicine enterprise and was the first woman to be elected President of the American Association of Chairs of Departments of Psychiatry. Dr. Roberts has served as the Editor-in-Chief, Books for the American Psychiatric Association since 2016 and has been the Editor-in-Chief for the journal *Academic Psychiatry* since 2002. She serves as an editorial board member and peer reviewer for many scientific and education journals.



Nominated by:

Gene Beresin, MD

Massachusetts General Hospital/Harvard Medical School