

AADPRT Career-Stage Forums (Generational Workshops)



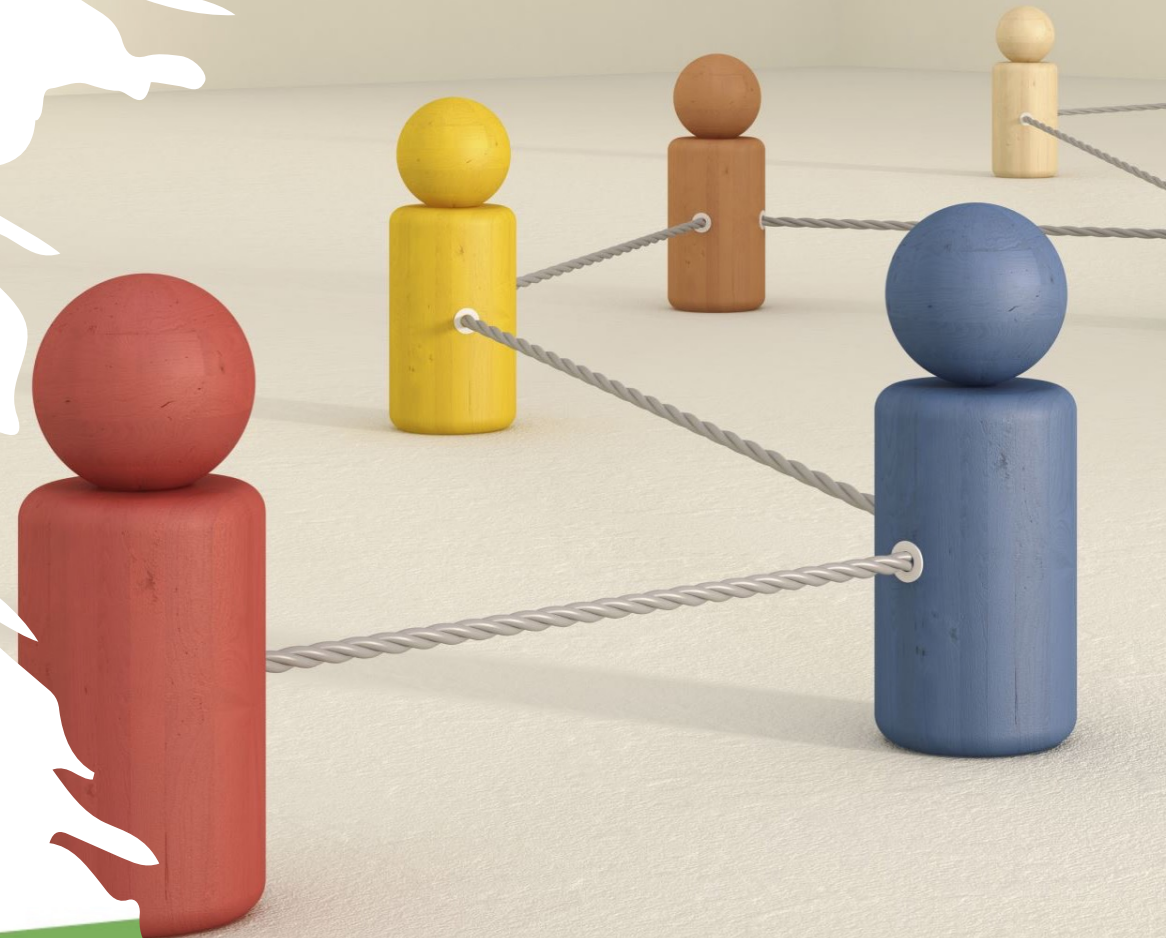
American Association of
Directors of Psychiatric
Residency Training



American Association of
Directors of Psychiatric
Residency Training

Why Career-Stage Forums?

- Common developmental and experiential stages in their role regardless of age or years in psychiatry or as TD's
- Allow discussion of common themes related to each career stage
- Identification of resources and ideas to help one successfully navigate the career stage
- No timelines associated with career stages
- People can cycle through in mini cycles





American Association of
Directors of Psychiatric
Residency Training

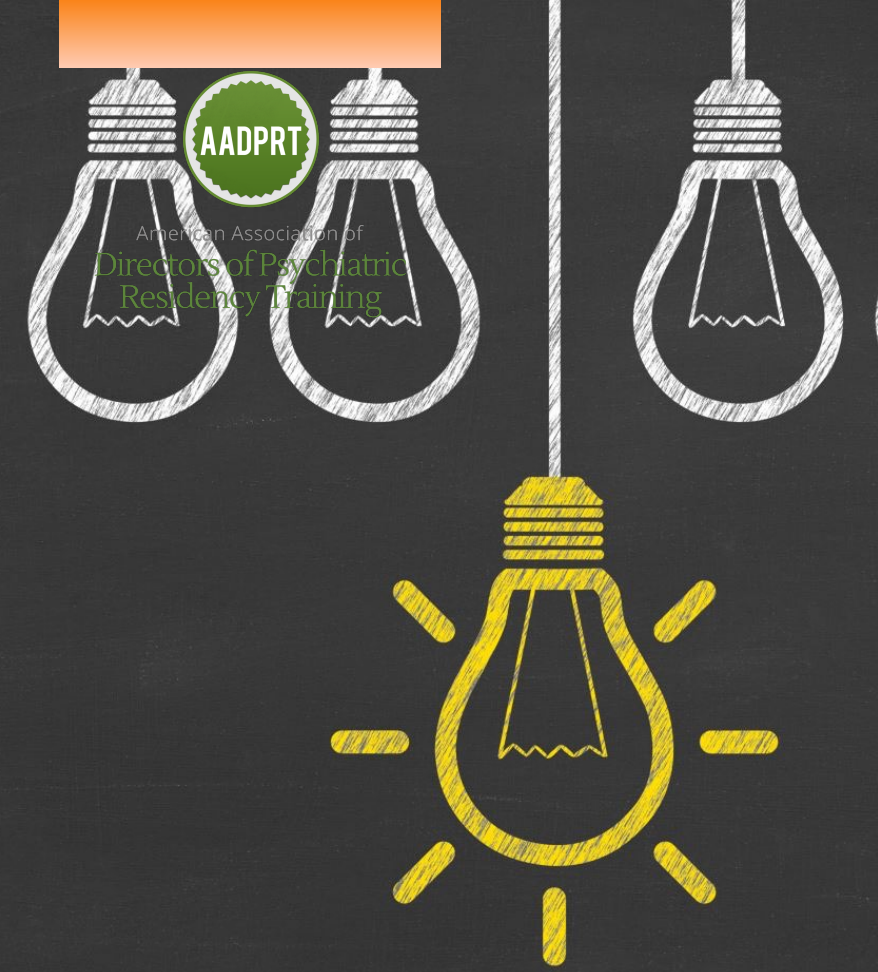
What's New And Changed?

- Career-Stage Forum (also known as Generational Workshop) Abstract submissions (except New-Training-Director Forum) are open to AADPRT members
- Ensure principles of equity and inclusion are applied as widely as possible
- Provides all AADPRT members opportunities to present
- 2 new career-stage forums – Future-Training-Director and Past-Training-Director Forums



Future-Training-Director Forum

- For residents/fellows and faculty
 - Aspire to become training directors
 - Contemplating if this is the right future role for them
- Some common themes
 - What does a TD do?
 - How to embark on this path
 - Getting mentorship
 - Creating a peer support network
 - How to build the required foundational skill sets to be a TD



Early Career Forum

- Learning, career development, and establishing one's place
- The realities of the job start to replace the expectations
- This forum is suitable for TDs experiencing their first professional successes and setbacks as they implement strategies to align their programs with their values and vision
- Enhance skills through educational workshops on topics like (but not limited to)
 - getting mentorship, networking
 - building one's CV
 - educational research and scholarship
 - developing one's own areas of expertise
 - developing administrative skills
 - leveraging AADPRT resources
 - strategies to stay positive and motivated
 - building one's identity as a training director



American Association of
Directors of Psychiatric
Residency Training

Mid-Career Forum

- Career stability and progression
- Sense of ease and confidence in carrying out one's role as a TD
- A yearning for more
- Build on established processes
- Leadership roles in organizations like AADPRT
- Some common themes of this career stage
 - enhancing administrative and leadership skills
 - negotiating for a better salary or a promotion
 - advocating for yourself, faculty, and residents
 - improving time management skills
 - effectively creating time for passion projects
 - seeking and providing mentorship





American Association of
Directors of Psychiatric
Residency Training

Late-Career Forum

- Opportunity for a reduced workload
- Prepare others to take over the role
- Some common themes
 - identifying and utilizing opportunities to share expertise
 - mentoring others
 - planning for transition
 - succession planning
 - identifying next steps for growth for oneself



American Association of
Directors of Psychiatric
Residency Training

Past-Training-Director Forum

- Education and mentoring future TDs remain an important part of the identity
- Some common themes
 - Reflect on their years as a leader, educator, and mentor
 - A space for sharing experiences and expertise
 - Gaining peer support
 - Identifying opportunities for continued contribution to AADPRT





American Association of
Directors of Psychiatric
Residency Training

Submission Process

- Abstracts open August 3rd - September 14th
- [Submit here](#)

