



## American Association of Directors of Psychiatric Residency Training

### **George Ginsberg, MD Fellowship Award Winners**

**2024**

**Committee Chair: Auralyd “LaLa” Padilla, MD**

*George Ginsberg, MD, was a member of AADPRT for nearly two decades. During those years he served in a number of capacities: member and chair of numerous committees and task forces, one of our representatives to the Council of Academic Societies of the AAMC and as our President from 1987 to 1988. This list of positions in our association is noted to highlight his energy and commitment to AADPRT. Prior to his death, George served as chair of a committee charged with raising new funds for the development of educational programs to be sponsored by our association. It was in that role that the AADPRT Fellowship was developed. Because of his essential role in its formation, it was only appropriate that his work for our association be memorialized by the addition of his name to the fellowship. George served in varied roles as a psychiatrist for all seasons. With his death, the members of AADPRT lost a dedicated leader and friend, our students a dedicated teacher, his patients a dedicated physician, and all of psychiatry a model of the best that psychiatry can produce.*

#### **Amanda Actor, MD**

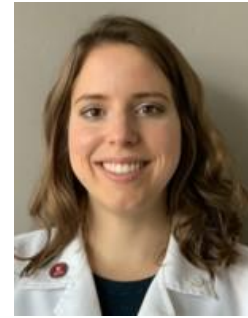
Amanda Actor obtained her BA in Biology from Bryn Mawr College in Pennsylvania in 2016 and MD from McGovern Medical School, The University of Texas Health Science Center at Houston in 2020. She currently is practicing as a psychiatrist in her PGY-4 year at the University of Texas Health Science Center at Houston. Her interests include geriatric psychiatry, academic medicine, and medical humanities and ethics. She is a participant in the Clinician Educator Track and GME Humanities and Ethics Certification Program. Actor has held many leadership roles including acting as class representative and serving on academic boards including the residency wellness committee, patient aggression taskforce, residency interview committee, and medical student curriculum committee. She has a passion for medical student education and held the position of resident coordinator for the MS3 resident led didactic series for the 2021-2022 academic year in addition to presenting lectures to medical students and residents on a wide variety of topics ranging from DSM criteria to gun safety. Actor has been awarded the 2020 Karff Chair Award for Best Creative Project from McGovern Medical School’s Humanities and Ethics Department, the Kenneth Krajewski, MD Excellence in Medical Student Education Award in 2022, AAGP 2023 Scholar Award, and the 2023 Cynthia Santos Award for Provider Excellence. She is honored to be the recipient of the AADPRT 2024 George Ginsberg Fellowship Award. Actor will be pursuing a Geriatric Psychiatry Fellowship at Vanderbilt University Medical Center following graduation from residency in 2024.



**Training Director: Vineeth John, MD, MBA**

### **Jordan Broadway, MD**

Jordan Broadway, MD, is a PGY4 within the categorical Psychiatry Residency training program at Duke. She completed her undergraduate studies in Biomedical Science at Idaho State University and attended medical school at the University of Utah School of Medicine. She has professional interests within medical education and leadership development, which is reflected in her participation within the Clinician Educator Track, the GME Medical Education and Leadership Track, her role as representative on the GME Resident Council and previous role of chief resident at Central Regional Hospital. She is currently serving as Executive Chief Resident for the 2023-2024 academic year. After residency, her plan is to pursue a Consult Liaison Psychiatry Fellowship with long term goals of remaining within medical education and program leadership.



***Training Director: Heather Vestal, MD***

### **Shawna Chan, MD**

Shawna Chan is a 4th year Psychiatry resident at the UCLA Semel Institute for Neuroscience and Human Behavior where she serves as one of the Program Chief Residents. Originally from the San Francisco Bay Area, she graduated from UCLA with a degree in Communication Studies while also conducting research in cancer metabolism and targeted therapies for hematopoietic malignancies. After a circuitous path through college, she felt a calling for both the sciences and humanities, as well as teaching. She obtained her medical degree with a distinction in research from UC Irvine where she was also inducted into the Alpha Omega Alpha and Gold Humanism Honor Societies. The stars aligned when she couples matched at UCLA's Psychiatry Residency Training Program! During her time at UCLA, she has been involved in various resident-driven initiatives to improve the residency training experience and enhance the delivery of high-quality, equitable healthcare, and she was elected by her peers to serve as Residents Council President during her PGY-3 year. Currently, she is enrolled in the Clinician Educator Concentration and completing a scholarly project that aims to create a reproductive psychiatry curriculum for obstetrician-gynecologists and primary care providers. She also works as a psychiatry field consultant for unhoused and low-income populations in the LA community. Her clinical interests include first-episode psychosis, reproductive psychiatry, student mental health, and the brain-gut-microbiome connection. In her free time, she enjoys exploring the foodie scene in LA, cooking, traveling, and spending time with her husband and two cats.



***Training Director: Jonathan Heldt, MD***

### **Daniel Fisher, MD**

Dr. Daniel Fisher is a third-year psychiatry resident in the Wright-State /Wright-Patterson residency program. He started his military and medical path as an Air Force officer at Uniformed Services University School of Medicine. Daniel, raised by ballroom dance educators, has a longstanding history in education, marked by extensive teaching hours that blend his leadership, teaching, and occasionally dance skills. He values the lessons learned from both the academic and artistic realms, applying them in his professional life. Beyond his career, Daniel is a dedicated husband and father, enjoying time with his wife and one-year-old daughter. He maintains a diverse array of interests, including reading, running, and soccer. Eager to integrate



his passion for education into his psychiatric career, Daniel looks forward to the development and learning opportunities presented by the Ginsberg fellowship.

***Training Director: Brian Merrill, MD, MBA***

### **Fatema Kapadia, MBBS**

Dr. Fatema (preferred name: Amreen) Kapadia, is the Administrative Chief and a fourth-year resident at Maimonides Medical Center in Brooklyn, New York. She completed her medical education in Ahmedabad, India.



After joining residency, she has been a dedicated teacher to medical students and residents. She has been involved in curriculum development since her second year when she headed the development of a novel forensic curriculum for all post-graduate years. She now co-leads the core team for the curriculum.

As chief resident, she is in-charge of medical student education curriculum and manages the growing medical student education program. She also worked on the introductory crash course for incoming first-year residents and is in charge of the PRITE curriculum. She works on policies and procedures for the professional development of residents and is developing the 'Academic Excellence Plan', a tool for all residents to plan and track their progress throughout residency.

She is a member of the research committee and has been working on streamlining the processes for conducting research in the department and making it more resident friendly by creating an efficient workflow.

Outside work, she enjoys hosting dinners, painting, and writing poetry. She will be pursuing a forensic psychiatry fellowship to continue her education after residency and also aims to enhance resident education across the country.

***Training Director: Anetta Raysin, DO***

## **2023**

***Committee Chair: Sandra Batsel-Thomas, MD***

### **Katelyn Fellows, MD**

Katelyn Fellows was born and raised in Reno, Nevada and received her Bachelor of Science in the field of Molecular Microbiology and Immunology followed by her medical degree both from the University of Nevada Reno. Professionally, Katie has a strong interest in inpatient adult medicine and academic medicine and finds teaching to be the most rewarding part of the job. In her free time, she enjoys woodworking, traveling, and hiking with her husband and her dogs.



***Training Director: Jason Curry, DO***

### **Meghan Keil, MD**

Meghan Keil is a PGY4 psychiatry resident at UPMC Western Psychiatric Hospital. She graduated in May 2019 from the University of Pittsburgh School of Medicine. Her clinical interests include women's mental health, addiction medicine and violence prevention. She currently serves as Chief Resident for Education and Chair for the Academic Administrator Clinician Educator track as well as a co-leader for the Women's Mental Health area of concentration within her residency program. She is a standing lecturer for the psychiatry clerkship didactics at the University of Pittsburgh School of Medicine. Meghan earned her bachelor's degrees in psychology and international studies at The Pennsylvania State University.



***Training Director: Mike Travis, MD***

### **C. Paula Lewis-de los Angeles, MD**

C. Paula Lewis-de los Angeles is a PGY4 in the Brown University Triple Board Program. Prior to residency, she earned her undergraduate degree at Stanford University, her MD/PhD (neuroscience) at Northwestern University where she studied the effects of perinatally-acquired HIV on brain development, and her EdM in the Mind, Brain, and Education track at Harvard University. As a Triple Board resident, Dr. Lewis-de los Angeles is interested in working at the med - psych interface with a focus on the effect of early life experiences on child development. Her academic areas of interest include: perinatally-acquired HIV, psychiatric comorbidities in pediatric food allergy, community violence interventions, neuroscience education, and physician-parenting work-life balance, among other areas. She has co-authored several publications and presented her work at national conferences. Dr. Lewis-de los Angeles is passionate about inspiring a lifelong love of learning and is consistently involved with teaching medical students through formal didactics, research, clinical work and mentoring as well as community education. Her teaching and clinical performance in residency has been recognized by students and faculty with multiple departmental and university-wide awards. After residency, Dr. Lewis-de los Angeles hopes to continue to work within academic child psychiatry and pediatrics and remain involved with medical education.



***Training Director: Jeffrey Hunt, MD***

### **Lu Wu, MD**

Dr. Lu Wu is a PGY-4 general psychiatry resident at the University of California, San Diego (UCSD) where she serves as chief resident of the San Diego Veteran's Administration training site. She was born in China and grew up in Western Pennsylvania. She graduated summa cum laude from the University of California, Los Angeles with a Bachelor's of Science in Molecular, Cellular, and Developmental Biology. While attending medical school at UCSD, she led multiple educational initiatives with a focus on reproductive justice, including the development and implementation of a preclinical elective. Residency at UCSD has been an opportunity to expand her passion for education through the clinician-educator track. As an intern, she was recognized as the Consultant of the Year by the UCSD Hillcrest Emergency Department for her dedication to teaching about her specialty and to providing excellent patient care. She has been recognized yearly by her colleagues and faculty with awards for clinical skill and teaching. Lu's passions





also include consult-liaison psychiatry, ethics, psychodynamic psychotherapy, and reproductive justice.

***Training Director: Sidney Zisook, MD***

**Bernice Yau, MD**

Bernice Yau, M.D., is currently a PGY4 at the University of Texas Southwestern Medical Center Psychiatry Residency Program. She completed a bachelor's degree in biochemistry at the University of Texas at Austin and then completed her medical degree at McGovern Medical School in Houston. She is interested in Consult Liaison Psychiatry, and she has had a longstanding passion for education. She has been involved in teaching and curriculum development throughout her medical school and residency training, most recently serving as a senior fellow of the National Neuroscience Curriculum Initiative and a Trainee Editorial Fellow for *Academic Psychiatry*. In the medical education sphere, she is particularly interested in studying components of positive learning environments for trainees.



***Training Director: Adam Brenner, MD***

## **2022**

**Austin Blum, MD, JD**

Austin Blum is a PGY4 resident at the University of Chicago, a graduate of the University of Chicago Pritzker School of Medicine and Cornell Law School, and a member of the 2020 American Psychiatric Association (APA)/APA Foundation (APAF) Leadership Fellowship Program. His interests include the treatment of sexual disorders, legal and ethical issues in consultation-liaison psychiatry, and the role of impulsivity in putative behavioral addictions. In 2022, he plans to begin his forensic psychiatry fellowship at the University of California, Davis.

***Training Director: Deborah Spitz, MD***

**Swathi Damodaran, MD, MPH**

Dr. Swathi Damodaran is a second-year child and adolescent psychiatry fellow from Cambridge Health Alliance (CHA) in Cambridge, MA. She is originally from Madison, WI where she studied neurobiology and political science at the University of Wisconsin-Madison. After college, she joined AmeriCorps and worked at a health center in Boston, MA where she organized and led youth programs to address childhood obesity and provide sexual health education to teens. She then returned to the Midwest to start medical school at the Mayo Clinic School of Medicine initially to become an adolescent medicine doctor, but she soon discovered that her main interest was in child and adolescent psychiatry, a field that she hoped would blend her interests in advocacy, working across systems, and helping young people and families of marginalized communities. Dr. Damodaran also received her Masters in Public Health from the Harvard T.H. Chan School of Public Health with a focus on social behavior and women's health. Following medical school, she started her adult psychiatry training at Cambridge Health Alliance. During residency, her clinical interests evolved to include cultural psychiatry, women's mental health, and infant mental health. She



also engaged in multiple teaching endeavors that extended into research, curriculum development and improving the learning environment. In 2019 she published a study in Academic Psychiatry examining the effects on trainees from facilitating a sibling support group. As chief of medical education in her fourth year of residency, she developed a course on sociocultural psychiatry for first-year residents that promotes self-reflection and introduces them to the local community. She also developed a reflective practice seminar for psychiatry clerkship students to discuss the difficult yet humanistic experiences often encountered in psychiatry. Now, as a child and adolescent psychiatry fellow at CHA, she has continued to supervise residents in their clinical work and has developed a support group where all trainees at CHA can discuss the difficulties in balancing medical training with family planning and parenting. After fellowship, Dr. Damodaran hopes to continue working in academic medicine with a clinical focus on infant and early childhood mental health while holding a leadership position in medical student education and psychiatry training. Outside of work, she enjoys spending time with her husband, infant daughter and dog, as well as baking, learning beginner's Hindi, and reading novels.

***Training Director: Shireen Cama, MD***

**Michael Donath, MD**

Michael Donath is a PGY3 at UCLA-Olive View's psychiatry residency program. He has a unique plethora of experiences in both education and community service, stemming from his employment working in Parks & Recreation for 10 years prior to his matriculation into medicine. Earning his medical degree from UC: Davis, Dr. Donath was involved in curriculum improvement with a focus in medical humanities, LGBTQIA+ health disparities, structural inequity and healthcare advocacy. He co-directed two student run clinics and partnered with community leaders to create modules to teach gender-affirming health care to students, residents, and faculty.



In residency, Dr. Donath's passion has continued in GME didactic development by increasing interactivity of online lectures, as well as vertical and horizontal teaching opportunities between junior and senior residents. Interested in bolstering mentorship opportunities in residency, Dr. Donath partnered with colleagues at UIC to share strategies to support informal mentorship relationships during psychiatry training. His collaborative project was presented at the 2021 AAP Conference. He now leads the residency's monthly case conference and in his commitment to health equity and cultural humility, he leads a monthly book club on topics of social justice and anti-racism. Outside of work, he is an avid caffeine consumer, loves comedy podcasts, and enjoys spending quality time with his partner and pit bull rescue in sunny Los Angeles.

***Training Director: Iljie Fitzgerald, MD, MSc***

### **Molly Howland, MD**

Molly Howland, M.D., is a psychiatry chief resident at the University of Washington. Dr. Howland is interested in Consultation-Liaison (CL) psychiatry and decreasing mental health stigma in non-psychiatric clinicians by teaching them to understand and address psychiatric concerns. She has started a highly rated educational service at the University of Washington in which psychiatry residents and fellows deliver clinically relevant chalk talks to other specialties. Her research has focused on health services delivery, including Collaborative Care implementation. Her enthusiasm for teaching, mentorship, and fostering effective communication between trainees and trainers have inspired her to pursue a career in academic medicine. Dr. Howland plans to pursue a CL fellowship to continue developing these interests.



***Training Director: Anna Ratzliff, MD, PhD***

### **Mary Yaden, MD, MS, MAAP**

Mary Elizabeth “Bit” Yaden is a chief resident in Psychiatry at the University of Pennsylvania. In addition to her medical training, Bit holds a master’s degree in Narrative Medicine from Columbia University and a Masters in Applied Positive Psychology from the University of Pennsylvania. Her joy is teaching residents and medical students about evidence-based wellness practices and creating opportunities for meaningful connection in training. After graduation, Bit will begin a fellowship in Medical Education at Johns Hopkins University with a focus on the emerging science of psychedelic medicine.



***Training Director: E. Cabrina Campbell, MD***

## **2021**

***Committee Chair: Ayame Takahashi, MD***

### **Heather Buxton, MD**

Heather Buxton is a current psychiatry resident at the Oregon Health and Science University, applying into child and adolescent psychiatry for the July 2021 academic year. She describes her path to medicine and psychiatry as somewhat atypical.



Post college, she taught math and science in New York City for two years with Teach for America, attended medical school in the Bronx and then completed one and a half years of surgical training at Oregon Health and Science University.

She then entered psychiatry residency in January 2019 after realizing that her greatest passions lay outside of the operating room, rooted in the experiences and mental health of her patients. Her students, patients and colleagues across multiple fields have been her greatest teachers and fuel her desire to practice medicine as a clinical educator.

Last fall, she applied for institutional grant funding to reduce the re-traumatization of patients in hospitals and lessen the vicarious trauma felt by providers through trauma informed care (TIC). She combined her experiences in education, surgery and psychiatry to generate a multi-

disciplinary peer to peer teaching model. She recruited psychiatry residents to undergo formal TIC training and then empowered this group to teach their surgical colleagues. She guided her peers through months of brainstorming, edits, and practice successfully delivered a case-based TIC curriculum to 38 surgical interns. This project is just the beginning of what Heather describes as a life-long commitment to trauma informed care and clinical education.

When she is not working, Heather enjoys yoga, running and spending time with her husband and their two cats. Heather is excited to welcome her first child in January 2021 and for all the learning and changes this new addition will bring.

***Training Director: Mark Kinzie, MD, PhD***

**Rachel Dillinger, MD**

Dr. Rachel Dillinger is a PGY-3 resident at the University of Maryland/Sheppard Pratt psychiatry residency program. She is a proud alumna of both Holy Family University and the Lewis Katz School of Medicine at Temple University in Philadelphia, Pennsylvania. With education and mentorship as core objectives, her professional endeavors span from curriculum development to research to academic writing. These have led to multiple publications, national presentations, and serving as Deputy Editor of the American Journal of Psychiatry Residents' Journal. More importantly, many have enacted tangible change. Current interests include medical training, reproductive psychiatry, addressing the stigma of serious mental illness in youth, first episode psychosis and clinically high risk for psychosis populations. She engages actively with diversity and equity efforts within the department of psychiatry and advocates for women's mental health in various contexts. Rachel is extremely grateful to have been supported by mentors, her program, travel awards, and her wonderful family. She looks forward to continued growth in becoming an effective clinician-educator, with an ultimate goal to enter academic psychiatry in medical student education and program director roles. Outside of work, she enjoys spending time adventuring outdoors with her partner and daughter.



***Training Director: Mark Ehrenreich, MD***

**Morgan Hardy, MD**

Morgan Hardy is a fourth-year resident at the University of Texas Health San Antonio combined Air Force psychiatry training program and is currently serving as chief resident of Brooke Army Medical Center. He earned his medical degree from Duke University School of Medicine and a masters of public health from the University of North Carolina at Chapel Hill. During medical school, Dr. Hardy was awarded an Albert Schweitzer Fellowship and Duke Chancellor's Service Fellowship for his work with high-utilizer patients with medical and psychiatric comorbidities. As a first-year resident, he received an ACGME grant to develop a psychotherapy training program on the inpatient psychiatry unit of Brooke Army Medical Center. Also during residency, he helped implement and provide free mental health services to refugees in San Antonio, and started a clinical elective providing psychiatric consultations within a multidisciplinary ALS clinic. He has published five first-author, peer-reviewed research articles, and has given multiple presentations at national conferences. He is also a recipient of the American College of Psychiatrists' Laughlin Fellowship. His clinical and research





interests include psychotherapy, neuropsychiatry, traumatic brain injury, and refugee mental health. Dr. Hardy is a captain in the United States Air Force Medical Corps.

***Training Director: Jason Schillerstrom, MD***

**Brent Schnipke, MD**

Dr. Schnipke is a third-year general psychiatry resident at Wright State University in Dayton, OH. He graduated from the Wright State University Boonshoft School of Medicine in 2018. As a resident, Brent has been involved with a number of academic initiatives including piloting the residency Clinician Educator track, developing projects to improve medical and psychiatric education, and presenting at state and national conferences. He is consistently recognized for his efforts in education by medical students, co-residents, and faculty. Brent's other interests include medical humanities and writing. He has published articles, essays, book reviews, and poetry as a medical student and resident, and serves on a number of editorial boards including the American Journal of Psychiatry Resident's Journal and Student Doctor Network. He has also been involved in leadership roles in medical education, including serving on the AAMC Organization of Resident Representatives. Future directions for research and writing include psychiatric education, culture and mental health, spirituality and psychiatry, and literature about mental illness. In his spare time Brent enjoys taking his kids to a local park or on a bike ride, and also enjoys reading, playing disc golf, and exploring local restaurants and coffee. He lives in Dayton, OH with his family.



***Training Director: Brian Merrill, MBA, MD***

**Jackie Wang, MD**

Dr. Jackie Wang is a PGY4 at Stanford's General Psychiatry Residency Program and currently serves as Chief 1 for Stanford's inpatient clinical site. She earned her undergraduate degree at the University of Michigan and her medical degree from the University of Chicago Pritzker School of Medicine. Prior to medical school, she completed an AmeriCorps year at an FQHC in Connecticut. During residency, Dr. Wang has been involved in many educational initiatives focused on bringing a social justice lens to psychiatric training, having developed and/or taught didactics on topics such as: power, privilege, and allyship including practical skills for responding to microaggressions; gender-affirming care; LGBTQIA+ mental health; race/racism in the electronic medical record. As co-leader of Stanford Psychiatry Residency's Diversity & Inclusion Advisory Council, she oversees and supports resident-led initiatives to advance diversity, equity, anti-racism, and anti-oppression in the residency program including recruitment, community-building, education, and advocacy initiatives. She is proud to be an out queer physician and is completing a "Pathway" specialization in LGBTQIA+ mental health during her residency. Finally, as chief resident Dr. Wang has organized inpatient didactics including a "psychotherapy nuggets" series and Morning Report. She has also been heavily involved in the residency program's and inpatient psychiatry unit's response to COVID-19. Dr. Wang is passionate above all about advancing social justice in psychiatric training and mental health care. She hopes to continue this work as an inpatient psychiatrist and clinician educator.



***Training Director: Chris Hayward, MD, MPH***

## 2020

**Committee Chair: Richard Lee, MD**

### **Brandi Karnes, MD**

Dr. Brandi Karnes is a third-year resident in the Clinician Educator Track at The University of Texas Health Science Center at Houston Psychiatry Residency Program. She is the only person in her family in the medical field and is a first-generation college student. She studied human biology at The University of Texas at Austin prior to attending McGovern Medical School at The University of Texas Health Science Center at Houston. Her primary interests are wellness and education, and her project, which earned her the George Ginsberg Fellowship Award, involved both of these important topics as she developed a novel twelve-part wellness curriculum for her psychiatry residency training program. Dr. Karnes has also been extensively involved with medical student education delivering clerkship lectures for third-year medical students, small group lectures on ethics and professionalism, and a presentation on coping with stress in medical school to first-year medical students. As a result, she was selected by the psychiatry department for the "Kenneth Krajewski Award for Excellence in Medical Student Education" as a second-year resident. Following residency, Dr. Karnes plans to work in academic psychiatry where she will continue to develop organizational interventions and innovative curriculum to improve the wellness and education of students, residents, and faculty. She also hopes to inspire the next generation of clinician educators thanks to the support she has received from her own educators and mentors.



**Training Director: Iram Kazimi, MD**

### **Selena Magalotti, MD**

Dr. Selena Magalotti is a PGY-6 forensic psychiatry fellow at University Hospitals Cleveland Medical Center/Case Western Reserve University. She earned her medical degree through an accelerated 6-year B.S./M.D. program at Northeast Ohio Medical University. She then completed her general psychiatry residency at the University of Toledo, afterward serving as chief fellow during her child and adolescent psychiatry fellowship at University Hospitals Cleveland Medical Center/Case Western Reserve University. She has a passion for educating trainees about the importance of public policy advocacy, the value of getting involved in organized psychiatry, and about medicolegal issues. She has published and presented locally and nationally on the topics of child psychiatry, forensic psychiatry, and residency education. Attending AADPRT annual meetings over the years has been formative in developing her interest in teaching and she has co-presented four AADPRT workshops as of the 2020 meeting. She has held several leadership positions in the local and state Ohio district branch of the American Psychiatric Association (APA), is active in the American Academy of the Psychiatry and the Law (AAPL), and has served on hospital committees during residency and fellowship. Dr. Magalotti has also been a recipient of the AAPL Rappeport Fellowship and the Midwest chapter of AAPL's Resnick Scholar Award. She is excited to pursue a career in academic child and forensic psychiatry when she finishes her training.



**Training Director: Cathleen Cerny-Suelzer, MD**

### **Tara Thompson-Felix, MD**

Dr. Tara Thompson-Felix is a fourth-year and chief resident at Temple University School of Medicine. She earned her bachelor's degree at Rutgers University and then subsequently completed her medical school training at Rutgers, Robert Wood Johnson Medical School. Her academic interests include child and adolescent psychiatry, perinatal psychiatry, neuroscience education and leadership. During residency, Dr. Thompson-Felix collaborated with the department of neuroscience and OBGYN to focus on the impact of prenatal exposures on child development. She presented her research at the 2018 APA colloquium on the epigenetic landscape of fetal neural exosomes associated with maternal exposure to opioids. She is actively involved in the National Neuroscience Curriculum Initiative (NNCI) and was selected as an NNCI scholar for 2019-2020. She is also involved in developing, implementing, and evaluating the educational activities of the Temple psychiatry residency program. After residency, she plans to pursue a fellowship in child and adolescent psychiatry and continue a career in academic medicine.



### ***Training Director: Jessica Kovach, MD***

### **Naomi Weiss-Goldman, MD**

Dr. Naomi Weiss-Goldman was born in Israel and grew up in Connecticut, where she particularly enjoyed playing the piano and pole vaulting. She received her bachelor's degree at Yale University in music, primarily focusing on piano performance.

After college, Dr. Weiss-Goldman attended the Icahn School of Medicine at Mount Sinai and remained at Mount Sinai for psychiatry residency where she is currently finishing her fourth year as chief resident. During residency, she has enjoyed teaching and mentoring medical students and junior residents in clinical settings earning the "Medical Student Teaching Award" in 2017 and 2018. Dr. Weiss-Goldman also has interests in both inpatient psychiatry and psychodynamic psychotherapy and plans to pursue these interests after residency as an inpatient attending psychiatrist.



### ***Training Director: Antonia New, MD***

### **Sean Wilkes, MD**

Dr. Sean Wilkes is a United States Army officer and PGY4 child and adolescent psychiatry fellow at Tripler Army Medical Center in Honolulu, Hawaii. He began his career in the U.S. Army as a medical science officer and later served as a clinical investigator in the Congo and as an inspector general at the Pentagon. As a medical student at the Uniformed Services University, he developed an interest in neuropsychiatry and pursued research on traumatic brain injury. Throughout both residency and fellowship he has been heavily involved in teaching medical students and residents. He is the author of several publications as well as curricula in neuroscience and teaching. Dr. Wilkes's current academic interests include neuroscience education and curriculum development, the psychiatric sequelae of traumatic brain injury, and the neurobiology of psychosis.



**Training Director: Paul Lee, MD, MPH**

## 2019

### **Michael DeGroot, MD**

Dr. Michael DeGroot is currently chief resident at UC San Diego on the inpatient psychiatric services unit. He obtained a BA in psychology and modern languages at Knox College before attending medical school at UC San Diego. He is passionate about medical education and providing excellent psychiatric care to underserved and disadvantaged patient populations. He is the recipient of the PRITE, APA Leadership, and Association for Academic Psychiatry Fellowships. He was also awarded the Arnold P. Gold Foundation Award for Humanism and Excellence in Teaching. Dr. DeGroot founded a trauma screening and treatment program for undocumented immigrants living in San Diego County, where he currently supervises medical students and junior residents as they provide trauma-informed care to this at-risk population. He plans to pursue a career in academic psychiatry. In his free time, Dr. DeGroot enjoys camping in Joshua Tree and travelling as often as his schedule permits.



### **Linda Drozdowicz, MD**

Dr. Linda Drozdowicz was raised in Connecticut and graduated from the University of Connecticut *summa cum laude* with a B.S. in Molecular and Cell Biology. She went on to Mayo Clinic School of Medicine, where she proudly survived 30-degree winters and also delivered the commencement address at graduation. She completed residency training in general psychiatry at Mount Sinai Hospital, serving as Chief Resident in her final year. She is now a fellow in Child and Adolescent Psychiatry at Yale Child Study Center in the New Haven track. Dr. Drozdowicz has interests in leadership and administration, and she has previously been selected as an American Psychiatric Association Leadership Fellow as well as the American Board of Psychiatry and Neurology Senior Resident Administrative Fellow. She plans to pursue a career as a clinician educator. She lives in Norwalk, CT with her husband, infant son, and two elderly rescue dogs.



### **Samaiya Mushtaq, MD**

Dr. Samaiya Mushtaq is PGY-4 resident psychiatrist at UT Southwestern Medical Center on the clinician-educator track. She studied chemistry and women's studies as a President's Scholar at Southern Methodist University, from where she graduated *summa cum laude*, and completed medical school at Vanderbilt University. During medical school and residency, Samaiya has designed and taught curricula integrating Islamic spirituality with wellness topics such as mindfulness and compassion to college Muslim Student Association chapters, young professional Muslim groups, and community mosques. She has conducted research on the impact of psycho-educational interventions on help-seeking and stigma in the Muslim community. Samaiya also has an interest in physician wellness, having started a cross-department network supporting and connecting Muslim house staff at UT Southwestern and co-authoring a chapter on Islamophobia experienced by clinicians in the forthcoming book,





Islamophobia and Psychiatry. Next year, Samaiya will stay on as part-time teaching faculty at UT Southwestern working in the psychiatric emergency room and full-time as a management consultant at Boston Consulting Group, where she hopes to learn skills in corporate development and organizational behavior.

### **Laura Pientka, DO**

Dr. Laura Pientka is a PGY-5 Geriatric Psychiatry Fellow at the University of Minnesota. She completed her undergraduate degree in Biology with minors in Spanish and Asian Literature and Languages at the University of Minnesota. Dr. Pientka completed medical school at Des Moines University College of Osteopathic Medicine. She completed her adult residency training at the University of Minnesota and served as the program's Chief Resident during the 2017-2018 academic year.



While in residency, Dr. Pientka received the University of Minnesota Psychiatry Department's Harold Lawn Resident Teacher of the Year Award, selected annually by medical students completing their psychiatric clerkship. She also received the Association of Academic Psychiatry Residents' Psychiatric Educator Award. Dr. Pientka was selected for the American Psychiatric Association's Leadership Fellowship and served on the Council of Medical Education and Lifelong Learning. She has a strong passion for improving the quality of resident educational and training experiences. She recently completed a three-part project aimed at identifying, preventing, and managing resident maltreatment. This poster received Honorable Mention at the 2017 Association for Academic Psychiatry Conference. She is currently working to expand the existing Geriatric Psychiatry didactics and clinical experiences for medical students and residents at the University of Minnesota. After fellowship, she is excited to continue her career in academic psychiatry. She will work as a geriatric psychiatrist at the Minneapolis VA Healthcare System and as Residency Site Director for educational activities in partnership with the University of Minnesota Medical School.

### **Meredith Spada, MD**

Dr. Meredith Spada was born and raised in Pittsburgh, PA. She attended college at Vanderbilt University where she majored in Neuroscience. Following college, she taught high school biology and physical science with Teach For America in inner-city Philadelphia and earned her master's degree in Secondary Education from the University of Pennsylvania. Thereafter, she attended medical school at the Penn State University College of Medicine. She completed her adult psychiatry training at UPMC Western Psychiatric Hospital. During this time, she served in various leadership positions, including house staff PGY-1 representative, house staff vice-president, co-chair of the residency program's Clinical Case Conference, and resident co-leader of the program's Women's Mental Health Area of Concentration. Currently, Dr. Spada is a PGY-5 Child Psychiatry Fellow at UPMC Western Psychiatric Hospital. This year, she is the chief resident for education and chair of her residency program's academic administrator, clinician educator track. She is also serving as a member of the UPMC GME Professional Development Subcommittee. She was additionally recognized by the American College of Psychiatrists as a Laughlin Fellow for 2019. Dr. Spada has published on, and presented nationally on, topics including medical education, perinatal psychiatry, and medically complicated patients with psychiatric



comorbidities. Her clinical interests include child and adolescent psychiatry, women's mental health, and consultation-liaison psychiatry.

## 2018

### **David Conklin, MD**

David Conklin, MD is from Cincinnati, OH. He attended Wake Forest University in Winston-Salem, NC where he completed his BA in Philosophy and Economics in 2006. He completed post-baccalaureate coursework at the University of Colorado at Denver. He received his medical doctorate from Wake Forest University in 2014. He is currently in General Adult Psychiatry training and serving as Chief Resident of Inpatient Services during AY 2017-2018 at Vanderbilt University Medical Center. His professional interests include mood disorders, psychiatric ethics, hospital-based ethics consultations, and wholehearted medical education training paradigms.



### **Jessica Gold, MD, MS**

Jessica ("Jessi") Gold, M.D., M.S. is a fourth year and chief resident in Psychiatry at Stanford University where she is on the clinician-educator pathway. She received her undergraduate degree in Anthropology from the University of Pennsylvania where she was a Benjamin Franklin Scholar and graduated Phi Beta Kappa in 2009. She also received a Masters in Science in Anthropology from Penn at the same time, using qualitative methods to study premedical education for her thesis work. She then received her medical degree from the Yale University School of Medicine and graduated in 2014. While at Stanford, her primary interests are medical education, physician wellness, college mental health, and the media portrayal of psychiatry as it relates to stigma. She also enjoys both academic and popular press writing, frequently blogging for the Huffington Post and winning the 2016 Psychiatry Times essay contest for her essay entitled "The Mirror". She is excited about the next steps in her career, recently accepting an Assistant Professor position at Washington University in St. Louis where she will spend most of her clinical time working in college mental health and will have the opportunity to start teaching residents and medical students.



### **David Latov, MD**

Dr. Latov completed his undergraduate education at the University of Pennsylvania where he majored in Psychology and in the Biological Basis of Behavior and did research in Cognitive Behavioral Therapy. He then received a fellowship and worked as a research assistant at the National Institute of Mental Health in a lab that studied the effects of Ketamine on unipolar and bipolar depression. Afterwards, he received his MD from the Emory University School of Medicine and started his residency training at Columbia. In residency, Dr. Latov has been interested in psychotherapy and education. Some of the projects he has worked on include adapting and implementing an Observed Structured Teaching Exercise for psychiatry, developing and teaching an Introduction to Psychodynamic Psychotherapy course, and working with



a group of educators to create a new curriculum designed to better prepare medical students for their transition to the clerkship year. He was selected to be a chief resident and has enjoyed mentoring younger trainees in this capacity. After residency, he plans to pursue a fellowship in child and adolescent psychiatry.

### **Anne Leonpacher Walsh, MD**

Dr. Anne Leonpacher Walsh was born and raised in Lafayette, Louisiana. She studied psychology/pre-health at Loyola University New Orleans and completed medical school at Johns Hopkins University School of Medicine. She continues residency training in adult psychiatry at Johns Hopkins Hospital where she is a PGY-4 and chief resident.



Dr. Walsh has co-authored papers in the areas of affective disorders, re-feeding syndrome in anorexia nervosa, neuropsychiatric symptoms in Alzheimer's dementia, and medical education. She has presented at national meetings on innovations in medical education and is currently leading a team funded by the Arnold P. Gold Foundation, which is conducting a systematic review of interventions to prevent burnout in medical students and residents. She is also a section editor for the Johns Hopkins Psychiatry Guide.

As a medical student Dr. Walsh received the William Walker Award in recognition of her research to distinguish between bipolar and unipolar depression. During her internship, she received the Lidia Palcan Wenz Award presented annually to the intern who best embodies commitment in the care of patients with psychiatric illness. In 2017 she was recognized by the American College of Psychiatrists as a Laughlin Fellow and by the Association of Academic Psychiatry as a recipient of their Residents' Psychiatric Educator Award.

Dr. Walsh is planning a career in academic leadership and hopes to focus clinically on schizophrenia and emergency psychiatry.

### **Priya Sehgal, MD**

Priya Sehgal is currently a second-year child psychiatry fellow at Cambridge Health Alliance (CHA)/Harvard Medical School. Priya attended the University of Michigan and earned an undergraduate degree in Industrial and Operations Engineering. Prior to attending medical school at the University of Toledo, she joined Teach for America and taught high school mathematics in Washington, DC and completed a Master's in Arts in Teaching from American University. She completed her adult psychiatry residency training at Cambridge Health Alliance/Harvard Medical School. Priya served as the Chief Resident of the Asian Mental Health Team and has taught cultural psychiatry classes to psychiatry trainees. She has received CLER grant funding to improve the cultural psychiatry curriculum at CHA. Priya has presented at national meetings on Asian Mental Health and Cultural and School Psychiatry. In the community, Priya has volunteered at SAHELI, a Boston-area non-profit that supports women and families who have been victims of domestic violence. Additionally, she has provided professional development for greater-Boston Teach for America educators on trauma and child mental health.



Priya has received The Martin Luther King Spirit and Leadership Award from the University of Michigan, was the recipient of the Gold Foundation's Leonard Tow Humanism Award at the University of Toledo, and was named a 2016 Child PRITE Fellow by the American College of Psychiatrists.

## 2017 awardees

### **Rustin Dakota Carter, MD**

Dr. Dakota Carter is a PGY-III resident in the Adult and Child/Adolescent Psychiatry program at McGovern Medical School in Houston. Dr. Carter is a passionate about academic medicine and began curriculum-building in medical school by developing the first LGBTQ curriculum for the medical school. This project has grown to include numerous lectures, a Gay-Straight Alliance at the school, and more inclusive education in medical school and residency education at McGovern Medical School and Baylor College of Medicine. Dr. Carter is an avid researcher, focusing on projects regarding substance abuse in adolescents, empathy and stress in medical school education, LGBTQ mental health, and HIV stigma; he believes that education is a key component in all these areas and finds joy in educating students and residents, being honored to receive several teaching awards for his dedication to healthcare education. In his spare time, he sits on the boards of LIVE Consortium, a non-profit aimed at decreasing HIV Stigma through education, and the Institute for Healthcare Equality, a non-profit created to offer trainings to community healthcare workers on cultural competency and inclusion. Dr. Carter is a 1st year SAMHSA/APA Diversity Fellow and is also pursuing a doctorate in education from the University of Houston in Healthcare Curriculum, Instruction and Leadership. Dr. Carter, in his first foray into politics, was also the 2016 Democratic Nominee for the Texas State Board of Education for Houston.



### **Abhisek “Chandan” Khandai, MD, MS**

Abhisek Chandan Khandai is a third year adult psychiatry resident at Northwestern. He was born in Cuttack, India, but moved to the US in 1989. He graduated from Washington University in St. Louis after majoring in Neuroscience with minors in Spanish and Medical Anthropology. He then enrolled at the University of Pittsburgh School of Medicine, where he completed his medical training and also obtained a Master's Degree in Neuroscience. During residency at Northwestern he has been the fortunate recipient of the Feinberg School of Medicine Excellence in Teaching Award, Society of Biological Psychiatry Chairman's Award, American Psychiatric Association Leadership Fellowship, and Association for Academic Psychiatry Fellowship. He has been heavily involved in educational research and outreach during residency focusing on psychoeducation of non-psychiatric physicians, leading workshops at national conferences and winning an award at Northwestern Medical Education DAY for best Ultra-Short Presentation: "Capacity Assessment: Lessons from Lord of the Rings." He is currently working on psychoeducational interventions for non-psychiatric residents, as well as curriculum development for psychiatry residents in psychosomatics and integrated care. Clinically, he is interested in consultation-liaison psychiatry, particularly somatic symptom/conversion disorders and cardiac psychiatry. He is also the Resident Chair for the Illinois district branch of the APA, and has academic interests in history of Indian psychiatry as well as the intersection of psychiatry and popular culture. Following residency, he hopes to pursue an academic career in consultation-liaison psychiatry and ultimately

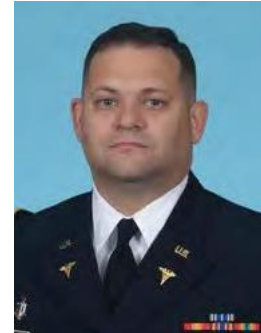




become a psychiatry residency program director.

### **William Bradly Pitts, MD**

Dr. Pitts is a PGY-4 Psychiatry Resident at Tripler Army Medical Center in Honolulu, Hawaii where he serves as the program's Chief Resident for Academics and has been recognized for Outstanding Leadership in Scholarly Activity. He is a graduate of the F. Edward Hebert School of Medicine at the Uniformed Services University of the Health Sciences, where he has been appointed as a Teaching Fellow. A Captain in the U.S. Army, his professional interests include leadership, medical and graduate medical education, forensic psychiatry, and psychodynamic psychotherapy. In his free time, he enjoys spending time with his two children, and arguing the nuances of mental health with his wonderful wife of 11 years who is a Research Psychologist.



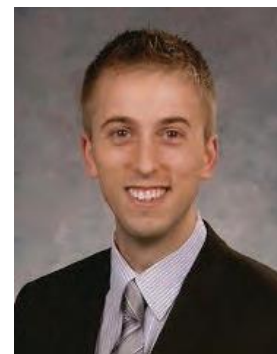
### **Misty Richards, MD, MS**

Dr. Misty Richards is a second-year child and adolescent psychiatry fellow at UCLA Semel Institute for Neuroscience and Human Behavior, where she also serves as Chief Fellow. She attended UCLA for her undergraduate studies, graduating with highest honors in psychobiology with a minor in applied development psychology. After completing her basic science courses at Albany Medical College, Dr. Richards received a Fulbright Scholarship to study the genetics of schizophrenia at the National Center of Neurology and Psychiatry in Japan, where she received her Masters degree in Neuroscience. Upon completion of medical school, she returned to UCLA for adult training in psychiatry and fast-tracked into child and adolescent psychiatry. She is passionate about organized psychiatry, academic medicine, and college mental health and sat on the American Psychiatric Association (APA) Board of Trustees in 2015-2016 as President of the APA Leadership Fellowship. She is thankful for wonderful mentors who have fostered her passion for teaching, leading her to receive awards such as the Laughlin Fellowship and UCLA Outstanding Teaching Fellow. Her hope is to pay it forward as a clinician-educator and to eventually serve as a Training Program Director.



### **Bryce Winger, MD**

Dr. Winger is currently a fourth-year adult psychiatry resident at the Georgetown University Medical Center in Washington, DC. He is originally from southwest Indiana. He graduated from Indiana University in 2009, and later the Indiana University School of Medicine in 2013. He began residency training at Georgetown in 2013, and is now the Chief Resident of Education. He was named a National Neuroscience Curriculum Initiative Scholar in 2015, having submitted a project related to the neurobiology of human attachment. He has presented posters at the American Psychiatric Association and Academy of Psychosomatic Medicine annual meetings in 2015 and 2016, on topics related to medical toxicology in psychiatric consultation-liason work, as well as the neurobiology and psychology of dissociative phenomena in schizophrenia. Academic interests include medical toxicology, psychosomatic medicine, psychodynamic psychiatry, and medical education. He will be starting a fellowship in psychosomatic medicine at Massachusetts General Hospital in July.



## 2016

### **Chaitanya Pabbati, MD**

Dr. Chaitanya Pabbati is a recent graduate of the UCSD Adult Psychiatry Residency Program at UC San Diego Medical Center in San Diego, CA. He was born in Tirupati, India, but moved to the United States in 1989. He graduated from the University of Washington with a Bachelors of Science in Biochemistry and Synthetic Chemistry and then subsequently completed his medical school training at Mayo Clinic College of Medicine where he received the Gloria Segal Award for Medical Student Contributions to Psychiatry, the American Psychiatric Institute for Research and Education's award for research and and training, and the Trachtenberg Award for editorials about ethics in the patient-physician relationships. During residency Dr. Pabbati served as the representative for residents in the state of California for the APA, received the American Psychosomatic Society Resident Scholar Award, the John A. Majda Memorial Award for contributions to treatment and prevention of physician depression and suicide, and the APA Resident Scholar Award. Currently his academic interests include suicide epidemiology and the history of psychiatry.



### **Charmaine Patel, MD**

Charmaine Patel is currently an inpatient physician at Acadia Hospital in Bangor, Maine, where she enjoys teaching medical students in the context of patient care. She served as the chief resident of University of Vermont Medical Center Psychiatry Residency Program from 2015-2016, and prior to residency attended the University of Vermont College of Medicine. Her academic interests include addiction psychiatry, medical education, and leadership. Her extracurricular interests include developing innovative methods to target learner mistreatment, and improving patient care by promoting a culture of respect in medicine. Her long-term goal is to become a program director for a psychiatry residency training program.



### **Desiree Shapiro, MD**

Dr. Desiree Shapiro serves as Executive Chief Fellow for the Child and Adolescent Psychiatry Fellowship at the University of California, San Diego (UCSD). Dr. Shapiro received her medical degree from UCSD School of Medicine and she completed her residency in adult psychiatry at UCSD. Prior to matriculating into medical school, Dr. Shapiro studied Biopsychology and English at the University of California, Santa Barbara. She was involved in research training programs at University of California, Los Angeles and University of California, San Francisco (UCSF) in the Departments of Neuroengineering and Psychiatry. Her research at UCSF focused on healthy behavior change with Dr. Judith Prochaska. While at UCSD, she continued her research and investigated physical activity levels in youth, which garnered national media attention. Dr. Shapiro has been involved in organized medicine and advocacy through the APA and AACAP and recently served as President of the APA Leadership Fellowship. She has also been fortunate to learn from and work on projects with psychopharmacologist, Dr. Stephen Stahl. She Dr. Shapiro is passionate about child and adolescent psychiatry and feels incredibly fortunate to care for youth and their families. She has many clinical and teaching interests, especially community psychiatry & systems of care, prevention & early intervention, collaborative



care, and positive psychiatry. After her fellowship, she plans to stay on at UCSD/Rady Children's Hospital as a clinician educator working in the child and adolescent inpatient psychiatry unit, crisis stabilization unit, and in the emergency room.

### **Brian Skehan, MD, PhD**

Brian Skehan, M.D., Ph.D. is a second-year fellow in Child and Adolescent Psychiatry at the University of Massachusetts Medical School in Worcester, MA. After completing his undergraduate degree in Biology at Sacred Heart University, he entered the combined MD/PhD program at the University of Massachusetts Medical School where he obtained a Ph.D. focusing on Molecular Genetics and Microbiology. While a graduate student, he received the first of two Medical Student Teaching Awards and served as the Membership Committee Vice Chair for the American Physician Scientist Association from 2009-2010. As a resident, Brian was named Ambulatory Psychiatry Chief Resident and was inducted into the Gold Humanism Honor Society in 2014. He now serves on the Medical Student and Resident Committee in AACAP. Professionally he has worked on developing new curriculum for training residents and fellows about transition age youth, on integrated primary care and mental health for residents in psychiatry and family medicine, and helped launch a Screening and Treatment of Early Psychosis (STEP) clinic at a community mental health center. He is most interested in pursuing a career in academic medicine that would combine teaching, research, and clinical work related to these interests.



### **Maja Skikic, MD**

Dr. Maja Skikic is a fourth-year adult psychiatry resident currently serving as Chief Resident of inpatient services at Vanderbilt University Medical Center. She completed her medical education at Vanderbilt University in Nashville, TN. During her residency training she was awarded the PGY1 Outstanding Resident Award for excellence in her clinical work and dedication to patient care. She has been highly involved in educational efforts throughout residency including developing and teaching a psychopharmacology course to third year Vanderbilt medical students as well as co-leading the Residents-As-Teachers program geared at advancing residents' aptitude and interest in teaching. For these efforts she was awarded the Alpha Omega Alpha award internally in 2014 as well as the association for Academic Psychiatry Fellowship Award in 2015. Aside from a strong interest in education, Dr. Skikic is also greatly interested in advancing the current practice and treatment of psychotic disorders at her institution. To this end, she was involved in several projects to optimize work up and treatment of first break psychosis patients as well as establishing and leading a recovery-based group for this population. Following residency, she hopes to continue a career in academic psychiatry with psychotic disorders as her primary clinical focus.



## **2015**

**Award Winner/Program  
Director/Region**

**Venkata Kolli, MBBS**

**Training**

**Region I & IV:**

PGY 5

**Midwest**

Creighton University  
Omaha, NE

**Caitlin Snow, MD**

PGY 4

New York Presbyterian Hospital-Weill Cornell Medical College  
New York, NY

**Anne Penner, MD**

PGY 5

**West**

Western Psychiatric Hospital  
Jacobson, MD Pittsburgh, PA

**Nathan Johnston, DO**

PGY 3

University of Texas Health Science Center at San  
Antonio San Antonio, TX

**Smita Das, MD, PhD, MPH**

PGY 4

Stanford University  
Stanford, CA

**New England &**

Jamie Snyder, MD

**Region II: New York**

Julie Penzner, MD

**Region III & VII:  
Mid-Atlantic & Far**

Sansea

**Region V: Southeast**

Jason Shillerstrom, MD

**Region VI: California**

Chris Hayward, MD